



Saturday September 8, 2018
5:00-6:30 PM

Please sign up at the front desk or call
 703-590-8400 to pre-register

Come and try-out it's free

MEMBER CLUB

YOUTH SPORTS JUMP ROPE FX

Is a nationally recognized competitive jump rope team
 We are very proud of our many State, Regional and National Champions

Try-out is for children ages 6-18 wishing to compete and perform on the Youth Sports Jump Rope FX demonstration and competitive jump rope travel team.

This is a "Open Tryout" anyone wishing to try out may do so. Experience is not necessary!

*Jumpers who do not possess the requisite skills will be referred to the Youth Sports Class Program
 This Jump Rope Class covers the specific skills needed to make the team.*



2018 AAU Champions



Youth Sports



2018 USA Jump Rope National Champions

14023 Noblewood Plaza Drive Woodbridge, VA 22193
 Located on Prince William Parkway near BJ's
 703-590-8400 www.youthsportsva.com



YOUTH SPORTS VIRGINIA TRAINING CENTER

JUMP ROPE TEAM TRY-OUT INDEMNITY FORM PARENT/GUARDIAN SIGNATURE REQUIRED FOR PARTICIPATION (Please Print Clearly)

PARTICIPANT INFORMATION

First Name _____ Last Name _____ Age _____

Date of Birth: _____

Address _____

Health / Medications / Allergies _____

PARENT/GUARDIAN INFORMATION

First Name _____ Last Name _____

Parents e-mail address: _____

Emergency Phone # _____ Additional Phone # _____

I fully understand that Youth Sports Center Staff members are not Physicians or Medical Practitioners of any kind. With the above in mind, I hereby release the Youth Sports Staff to render first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Youth Sports Staff to call our doctor and to seek medical help, including transportation by a Youth Sports Staff Member or its representatives, whether paid or volunteer, to seek any health care facility or hospital, or the calling of an ambulance for said child should the Youth Sports Staff deem this to be necessary.

We, the staff of Youth Sports Training Center recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sports of gymnastics, jump rope, trampoline, tumbling, cheerleading, fencing, martial arts and dance. Students may suffer injuries, possibly minor, serious or catastrophic in nature. Gymnastics, jump rope, trampoline, tumbling, cheerleading, fencing, martial arts and dance, can be dangerous and lead to injury.

Parents should make their children aware of the possibility of injury and encourage their children to follow all safety rules and the coaches' instructions. The Youth Sports Training Center, its coaches and other staff members, will not accept responsibility for injuries sustained by any student participating in the Youth Sports Summer Camp Program.. With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Youth Sports Training Center. I, my executors, or representatives, waive and release all rights and claims for damages that I or my child may have against Youth Sports Training Center or its representatives whether paid or volunteer. I also affirm that I now have and will continue to provide proper hospitalizations, health and accident insurance coverage which I consider adequate for both by child's protection and my own protection. I also understand that it is the parents' responsibility to warn the child about the dangers of gymnastics and injury. The parent should warn the child according to what the parent feels is appropriate. Youth Sports Training Center will only warn the child through "Safety Messages" and our teaching styles and progressions.

I/We also give Youth Sports Training Center permission to use any videos or photographs of the participant for publicity or promotional purposes.

Parent/guardian Signature: _____ Date: _____

Participant's Signature if over 18 years old. _____ Date: _____